









# Two Minus One

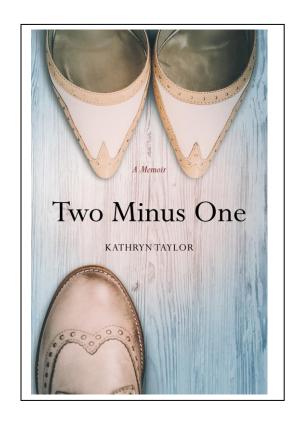
## A Memoir

"You can quit waiting for the other shoe to drop: I'm in it for life." Those are the fateful, repeated words that help convince Kathryn Taylor to remarry, retire from her thirty-year profession, sell her home, and relocate in support of her new husband's career. But five years later, in a car packed with food she has carefully prepared to nourish her husband's dying brother, the other shoe *does* drop. Without any explanation, he tells her he is done with the marriage.

With this, the life Taylor has come to know is over. Relying on the strength of a lifelong friend who refuses to let her succumb to the intense waves of grief, she slowly begins to find her way out of the shadows of heartache. Over the course of two years, through appointments with attorneys and therapists, purging shared belongings, and pushing herself to meet new people and do new things, Taylor not only regains a sense of control in her life, she also learns to enjoy the new friendships she's formed—and to savor her newfound strength.

#### FOR FANS OF

- Option B-Facing Adversity, Building Resiliency, and Finding Joy by Sheryl Sandberg
- Lost in the Reflecting Pool by Diana Pomerantz
- The Full Catastrophe by Karen Elizabeth Lee
- The Buddha at My Table: How I Found Peace in Betrayal and Divorce by Tammy Letherer



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### **ADVANCE PRAISE**

"...Kathryn Taylor's book is a gift to anyone who is divorced and feeling hopeless, because she illustrates through her own story of suffering, disillusionment, and eventual triumph that divorce is not the end. Her words underscore the fact that good things can and do come out of the bad if we let them, and there is every reason to hope for a happy future, despite the devastation. I highly recommend that anyone who is divorced and feeling alone in their fight to survive read Two Minus One to gain encouragement, clarity, and hope." ---Lisa Duffy, Author, Speaker, and Divorce Recovery Coach

"From the words that came out of the blue, 'I'm done with our marriage' through the desolation, heartbreak and steps towards healing, "...Kathryn Taylor opens her heart and soul to take us on her journey of recovery. With resilience and grace, she reminds us that, no matter what life throws your way, you can reach down and bring up the courage to not only go on, but grow." -- Vikki Stark, Author of Runaway Husbands: The Abandoned Wife's Guide to Recovery and Renewal

"Two Minus One is a story of a woman who finally allows herself to love again, only to have everything taken from her by a man who becomes a stranger overnight. On these pages, Taylor captures the confusion, grief, and outrage that occur when one partner inexplicably walks away, and beautifully describes how she learns to stand on her own two feet. This is a powerful story of grace and resilience." -Tammy Letherer, Author of The Buddha at My Table: How I Found Peace in Betrayal and Divorce

#### ABOUT KATHRYN TAYLOR:



Kathryn Taylor was born at the Great Lakes Naval Station near Chicago, Illinois and spent much of her life in the Chicagoland area. She is a retired teacher and had taught in the schools of Illinois, California, and Virginia before her retirement and relocation to South Carolina. It was there where she wrote her book, Two Minus One: A Memoir following the unexpected abandonment by her second husband. An avid reader, enthusiastic traveler, and incurable beach lover, she resides outside of Charleston, SC, which affords her the opportunity to enjoy all three of her favorite past times. This is her first book.

#### CONNECT WITH KATHRYN TAYLOR

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We hope you'll consider "Two Minus One" for reviews, author Q&As and roundups you're planning for upcoming book coverage. **Contact Crystal Patriarche for more information:** 

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